



BOSSTRAINING

LEADING THE WAY TO SAFETY.

Safe Working at Heights Training Course



Call us: **01422 358184**

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Safe Working at Heights Training Course

This basic working at height safety training course is specifically designed for anyone whose job requires them to work at height, and which involves them using the necessary height safety equipment to do this work safely.

Who is this course for?

This course is for anyone whose job requires for them working at height and looking for a basic understanding to better appreciate the activity to control the process safely.

Aims

The aim of this course is to keep it simple and real, whilst all the key subject areas are covered of how to work safely at height. The course concentrates on what the delegate really needs to know for the type of the work being done, for specific applications and work locations.

Objectives:

On completion of the course the delegates will be competent to work safely at height with strong hazard awareness and a sound theoretical knowledge of using fall arrest equipment. Delegates will have the ability to assess the risks and requirements needed for safely working at height in their scope of work. They will also be able to use their job specific fall protection equipment with a high level of efficiency and confidence.

Course Content:

- 'Working at height' will be defined and explained.
- Risk assessment in relation to working at height will be taught.
- HSE legislation applicable to the situation will be clarified.
- Planning work, choosing equipment and basic maintenance and safety procedures will be addressed.
- Hazard identification when working at height will be explained.
- The merits of risk assessment and safety inspections for all those who work at a height will be covered.

Course Duration:

Half day course (4 hours)

Hint:

Combine this course with one of the following half day courses to maximize your training budget

- Abrasive Wheels
- Harness
- UKATA Asbestos Awareness
- Manual Handling

Ask also about UKATA, PASMA & IPAF Courses



Training available
across the UK at your premises
or at one of our Training Centre's



Booking with BOSS could not be simpler...

...Just one phone call and BOSS will take care of the rest.

Or Email: enquiries@bosstraining.co.uk

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