



BOSSTRAINING

LEADING THE WAY TO SAFETY.

Manual Handling Training Course



Call us: **01422 358184**

Visit us: **www.bosstraining.co.uk**

Manual Handling Training Course

The **Manual Handling Operations Regulations 1992** require all employers to carry out training for staff that lift or carry loads. This half-day course will help to ensure that employers comply with the above regulations. It can be tailored to individual company needs and is usually delivered on-site at customer's premises.

Who's the course for?

This course meets the needs of anyone whose work involves lifting or carrying loads.

Course Agenda:

- Introduction to manual handling
- Lifting and carrying safely
- Techniques to avoid injury and strain
- Manual handling risk assessments
- How risk assessments apply to you
- Lifting and carrying in special situations
- How to recognize and avoid potential problems
- Responsibilities of employers and employees

Course Duration:

Half Day (4 Hours)

Hint:

Combine this course with one of the following half day courses to maximize your training budget

- Abrasive Wheels
- UKATA Asbestos Awareness
- Harness
- Ladders & Steps

BOSS Certificated courses have the optional benefit of a **Training Identity Card**. This handy card is the same size of a credit card and fits neatly into any wallet or identity holder. Please ask for details when making arrangements for training.

Ask also about UKATA, PASMA & IPAF Courses



Training available
across the UK at your premises
or at one of our Training Centre's



Booking with BOSS could not be simpler...

...Just one phone call and BOSS will take care of the rest.

Or Email: enquiries@bosstraining.co.uk

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